

Behaviour Log/ABC Chart

A Behaviour Log is an ongoing daily tracking form for keeping a record of a child's behaviour.

It is an important tool in identifying patterns in behaviour, modifying or adjusting intervention strategies, and in evaluating the success of intervention. It is also an important tool in communicating with the multi-disciplinary team.

A Behaviour Log can be used to track any type of behaviour—from mild, inappropriate behaviours such as social skills, to more severe inappropriate behaviours such as non-compliance (e.g., refusing to follow instruction, disrupting the class, leaving the area) and to very serious inappropriate behaviours such as physical and verbal aggression.

The Behaviour Log contains six sections:

Time of the Incident:

- ◆ Date/Time the incident occurred

Location:

- ◆ Where the incident occurred

People/Person Involved:

- ◆ Name of staff member(s) involved or present and completing and recording in the Behaviour Log.

Antecedent/Trigger:

- ◆ Record what was happening prior to the student demonstrating inappropriate behaviour and what occurrence(s) triggered the behaviour.

Behaviour:

- ◆ Record the details of the inappropriate behaviour, i.e., a description of what the student did/said, how long the behaviour lasted, and the level of severity. Also record what intervention by staff occurred – include how long it took to bring the behaviour under control.

Consequence:

- ◆ Record if intervention was successful in stopping the behaviour during this incident, what the student did following the intervention (e.g., resumed appropriate behaviour), was removal required, etc. Also include any follow-up action such as communication with school and/or parents and consequences such as time out, detention, or suspension.

Function:

- ◆ Reason for the Behaviour, i.e., Escape, Attention, Overload...

It is useful to regularly evaluate this data and draw conclusions on situations that may be triggering unwanted behaviour and address this accordingly.

